

# It's Sew Easy Heart Quilt Block Pattern

Designed by Janet Vaughn

## Make Easy Heart Quilt Blocks

This easy heart quilt block finishes as a 8 ½ inch quilt block. Each heart is assembled using a quick piecing technique that makes sewing a breeze. (Finished Quilt Blocks in the Quilt are 8 inches.)

Each half of the heart block is sewn separately, and then the halves are joined horizontally to complete the block. Make as many individual blocks as needed for a project. (This pattern doesn't include sashing, cornerstones or borders, but you can always add them if desired).

## Choose Fabrics

Layer Cakes, Honeybuns, Charm Squares as well as Fat Eighths work great for these blocks.

Choose two fabrics for each heart. The heart is typically made from the focus fabric. Choose any neutral fabric for the background. Tone-on-tone fabrics are a good background choice for this design. (making it reverse is an option, of course)

## Cutting and Marking for One Block

### **From Focus Fabric:**

Cut two 4 ½ inch squares.  
Cut one 5 inch square.

### **From Neutral Fabric:**

Cut four 1 ½ inch squares.  
Cut one 5 inch square.

On each 1 ½ inch square - draw a diagonal line from one corner to the opposite corner on the reverse side, as shown in picture below.



On the 5 inch neutral square - draw a diagonal line on reverse side of square corner to corner, as you did on smaller squares.

## Assembly

Use the pictures as a guide to assembly.

1. Choose the two 4 ½ inch focus squares.
2. Align a 1 ½ inch neutral square right-side-down in each of the upper corners of the right side up focus square selected in step 1 with the marked line oriented as shown in picture below. Sew corner to corner on the marked line.



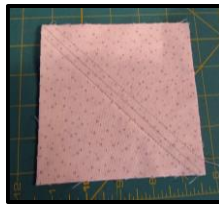
3. Press to set the seam.
4. Flip the neutral triangle right-side-up. Ensure your sewn seam allows the triangle piece to fully cover the focus fabric before pressing. Trim away the excess fabric underneath leaving 1/4" for the seam.
5. Each square measures 4 ½". Shown in pictures below. (Square up if needed)



6. Sew these two squares together as shown in picture below. This will be the top ½ of your Heart Block.



7. Choose the remaining 5 inch focus square and the neutral 5 inch square – these will make the bottom half of your Heart Block.
8. Lay the focus square face up and place the neutral square face down on top of it, lined up squarely. Sew  $\frac{1}{4}$ " parallel seam on each side of the drawn line. See picture a below. Set seam with iron then cut on drawn line and press open. This gives you two  $4\frac{1}{2}$ " squares. (Square up if needed) See picture b below



a



b

9. Turn one of the sewn squares clockwise as shown below in picture a.
10. Sew these two squares together as shown below in picture b. This creates the bottom  $\frac{1}{2}$  of the heart block.



a



b

11. Sew the top  $\frac{1}{2}$  of the Heart Block to the bottom  $\frac{1}{2}$  of the Heart Block and Voila! A Heart Block is born! Shown in picture below.



12. Repeat Steps 1-14 to make as many blocks as you'd like. Janet's quilt has 42 Blocks, making it 48 inches x 56 inches. Shown in picture below,



*Sashing, Corner Stones, Borders*

May be added if desired.

*The End!*